

and a Vote of thanks by the Chief Catechist. The entire function came to an end with the delicious fellowship meal prepared for the occasion.

Do You Know:

1. Elephant has no bones in its trunk – just thousand of muscles. You can usually estimate an elephant's height by doubling the circumference its foot.
2. Lobsters have blue blood.
3. A mole can dig a tunnel more than 75 meters long in one night.
4. Cats can't taste sugar.
5. Crocodiles are colour blind.
6. Bull runs faster up-hill than down hill.
7. Tokyo has a Restaurant for dogs.
8. We each consume approximately 62 tons of food in our lifetime.
9. Marco Polo brought Spaghetti back from China. But Chop stick is not Chinese. It was made by Chinese immigrants in California.
10. The annual harvest of an entire Coffee tree is needed to produce half- a- Kilo of beans.
11. The instant coffee is not new. It has been around since the end of the century.

- Late Joe Eda

For budding leaders:

- ❖ *Crisis inevitable, try to foresee and find remedy.*
- ❖ *Don't act on first impulse, do so after knowing different point of view.*
- ❖ *Keep plugging, don't give up.*
- ❖ *No ordering, instead "would you mind, could etc."*
- ❖ *Consult people concerned, if not you hurt pride and they will not cooperate.*
- ❖ *Train men under you to do your job better.*
- ❖ *Don't nag and peck, don't supervise.*
- ❖ *Tell details of plans and programs.*
- ❖ *Have constructive view of mistakes; Be concerned on avoiding future mistakes. let them.*
- ❖ *A spot of praise does any amount of good.*

- Late Joe Eda

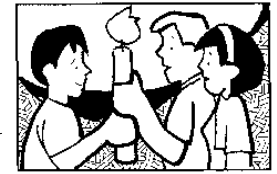
Announcements:

➤ *Bosco Sing out 2017 is on 27th August 2017.*

➤ *Literacy Link wishes all its readers Twin feasts of:*

*Independence day of our Country

*Assumption of our Blessed Lady



LITERACY LINK

Vol. 12. No. 5, 30th July 2017

LITERACY LEADS TO PROGRESS

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Optimism can be termed as hopefulness and confidence about the future or the successful outcome of something

An optimist is widely thought of as someone who sees the silver lining in every cloud and views the world through rose-tinted spectacles.

The Benefits of Optimism

1. Superior Health

In a study of 99 Harvard University students, those who were optimists at age 25 were significantly healthier at ages 45 and 60 than those who were pessimists. Other studies have linked a pessimistic explanatory style with higher rates of infectious disease, poor health, and earlier mortality.

2. Greater Achievement

Seligman analyzed the explanatory styles of sports teams and found that the more optimistic teams created more positive synergy and performed better than the pessimistic ones.

Another study showed that pessimistic swimmers who were led to believe they'd done worse than they had were prone to future poor performance. Optimistic swimmers didn't have this vulnerability.

3. Persistence

Optimists don't give up as easily as pessimists, and they are more likely to achieve success because of it. Some optimistic businessmen, like Donald Trump, have been bankrupt (even multiple times), but have been able to persist and turn their failures into millions.

4. Emotional Health

In a study of clinically depressed patients, it was discovered that 12 weeks of cognitive therapy (which involves reframing a person's thought processes) worked better than drugs, as changes were more long-lasting than a temporary fix. Patients who had this training in optimism had the ability to more effectively handle future setbacks.

5. Increased Longevity

In a retrospective study of 34 healthy Hall of Fame baseball players who played between 1900 and 1950, optimists lived significantly longer. Other studies have shown that optimistic breast cancer patients had better health outcomes than pessimistic and hopeless patients.

6. Less Stress

Optimists also tend to experience less stress than pessimists or realists. Because they believe in themselves and their abilities, they expect good things to happen.

THE PLIGRIM:

An old woman was standing in line to climb up the hill leading to Amarnath cave. It was a rainy day and very cold too. Seeing her with other able bodied young men and women one of the guides tried to dissuade her from attempting that dangerous climb.

“Madam,” he said, “you can see that the weather is bad and the path is very slippery, it won’t be advisable for you to undertake this climb like the rest of them.”

“Don’t be afraid, young man,” replied the old woman, “my heart is already up there and it won’t take much effort to take this old body where the heart is”.

Truly if we want to achieve anything, even what seems apparently impossible, the heart must be there. The old proverb says, “Where there is a will there is a way.” We can substitute the ‘will’ with the ‘heart’. Where there is the heart there will be always be a way.

Often we are told, put your heart and soul into your study, into your work, into whatever you do. That is the secret, desire something with all your heart and you will achieve it sooner than later

- Fr. Tom Karthik sdb

Happiness is not something you postpone for the future; it is something you design for the present.

- Jim Rohn

Value and Importance of Education

It was held in Singrijan village. It was organized by the residential students of Youth Services of the Salesian college of Higher Education, Dimapur. The Chief resource persons were Fr. Dr. Policarp and Sr. Emelda Kerketta MSMHC. It began at 9 a.m. and ended by 2.00 p.m. It was split in to two sessions. Earlier, it started with the lighting of the lamp by the resource persons, catechists and a group of leaders.

Dr. Policarp underscored that education is for all and not for a few. Education is not only by school also through other means. The programme was further explicated with the power-point presentation and action songs. These brought vitality and enthusiasm. There was a holy mass after the seminar. After the holy mass, there was a short felicitation programme. The catechist proposed the vote of thanks. The participants listened with the rapt attention. There were over 250 people. The entire programme left a deep impression on all the participants.

- Br. Petrus Nanwar

The best preparation for tomorrow is doing your best today.

- H. Jackson Brown, Jr.

A Seminar on "FAITH FEST"



It was conducted at St. Francis of Assisi Church, Dhobinala, Dimapur. Around 75 youth and over 30 adults participated in it from Diphupar Rongmei, Diphupar B, Burma Camp and Zeliangrong Village.

It was started on 22nd July 2017 and ended by 23rd July 2017. The prominent animators were Fr. Tom Karthik, Br. Philip Kamei, Fr. Joshua, Fr. Felix, Fr. T.C. Joseph, Mr. innocent and Fr. Christu. The speakers stressed the need and indispensability of faith in one’s life. They further described the faith life enlivening and empowering individual.

It was interspersed with the dance competitions, Singing competitions, Bible Quiz and etc. The participants truly enlivened the day and were truly enriched. The chief organizers of the programmers were the residential students of Salesian College together with the local leaders, teachers and catechists.

- Br. Ignatius

Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship.

- Buddha

Diphupar Angami oratory turns silver



30th July 2017 was a chequered in the annals of Diphupar - Angami youth Centre, Dimapur. It turned silver on this memorable day. It was in 1992 that the youth centre in this region has been started by the residential students of the Salesian College of Higher Education. Since then the residential students kept coming to this memorable youth centre. In order to celebrate this event, a memorial function was arranged in the premises of St. Peter’s Church.

The event began with the Holy Eucharist. It was presided over by Rev. Fr. Sebastian Jose, the Deputy Director of the Salesian College of Higher Education. He was assisted by Rev. Fr. Marius the Co-pastor of Carmel Parish. Present on the occasion were the Nuns of Carmel, 5th mile and the residential students of Salesian College Education and over 100 people. The memorial function was interspersed with the memorable number by the old-timers of 1992, aerobics of present day youth, talks by the guests of honour, Youth Director Fr. Christudoss, an elder, Jubilee memorial song, a special number by the college students, Youth group

- Br. Thovitho